• 300 SPARTANS LIMITED

HEALTH AND SAFETY POLICY

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300 SPARTANS LIMITED

Health and safety policy

General background

300 Spartans Limited takes the safety and welfare of our staff and anyone engaged by, or working with, 300 Spartans Limited, very seriously.

Our Health and Safety Policy plays an important role in setting and making clear the standards of health and safety that we apply in our business.

It is important that you read and ensure you understand the content of this policy. If you have any questions about it, please direct them in the first instance to Director Iulian Stan.

This policy is not part of any employment or any other contract. We 300 Spartans Limited, may amend this policy from time to time. in line with the needs and practices of our business.

- 1 Part 1: Policy details
- 1.1 What does this policy cover and who is covered?
- 1.2 All employees, contractors and workers and other persons affected by the work we undertake are covered by 300 Spartans Ltd's health and safety policy.
- 1.3 Our policy is to:
 - a) Understand the health and safety risks arising from our work activities
 - b) ensure adequate control of those health and safety risks
 - c) consult with our employees on matters affecting their health and safety
 - d) ensure safe handling
 - e) provide the necessary information, instruction and supervision for employees
 - f) ensure all employees are competent to do their tasks, and to give them adequate training

- g) prevent accidents and cases of work-related ill-health
- h) maintain safe and healthy working conditions
- i) review and revise this policy as necessary at regular intervals
- j) [enter here any other heathy and safety objectives you may have specifically to your business]

2 Part 2: Key responsibilities

2.1 The ultimate responsibility for health and safety within 300 Spartans Ltd is Director Iulian Stan.

| Name and job title | Responsible for: |
|--------------------|--|
| Director | Prevent accidents and cases of work-related ill health by managing the health and safety risks in the workplace. |
| Director | Provide clear instructions and information, and adequate training, to ensure employees are competent to do their work. |
| Director | Engage and consult with employees on day- to-day health and safety conditions. |
| Director | To ensure that safe and healthy working conditions are maintained, and that plant equipment and machinery are provided. |
| Director | Prevent most common accident in manufacturing and agriculture such as: Manual handling and lifting, especially heavy or awkward loads or sharp edges Slips and trips - mostly slips on wet floors also tripping over obstructions Being struck by objects - mostly from falling packages etc and use of hand tools Falls from height - off stairs, ladders, work platforms and vehicles Striking against fixed and moveable objects, e.g., machinery, stationary vehicles Machinery - mostly conveyors also packaging machines |

2.2 All those covered by our policy must:

- a) Co-operate with our relevant supervisors and managers on health and safety matters
- b) Not interfere with or misuse anything provided to safeguard their health and safety
- c) Take reasonable care of their own health and safety and that of others, and
- d) Report all health and safety concerns to an appropriate person (as detailed in the table above, or to one of the individuals named in paragraph 2.1 above.)

3 Part 3: Arrangements

3.1 Consultation with Employees

| Our Employee Representative(s) for H&S: | Iulian Stan |
|--|-------------|
| Consultation with Employees is provided by | Iulian Stan |

3.2 Risk Assessments

| Risk assessments will be done by | Iulian Stan |
|--------------------------------------|-------------|
| Action identified will be done by | Iulian Stan |
| Risk assessments will be reviewed by | Iulian Stan |

3.3 Safe Handling and Use of Substances

| Actions identified will be implemented by | Iulian Stan |
|---|-------------|
|---|-------------|

| The findings of COSHH will be communicated by | Iulian Stan |
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| Manual Handling Operations communicated by | Iulian Stan |
| Necessary training provided by | Iulian Stan |

3.4 Training

| Induction training for new employees will be provided by | Iulian Stan |
|---|-------------|
| Job specific training will be provided by | Iulian Stan |
| Training records will be kept [specify where] and retained by | Iulian Stan |
| Training will be identified, arranged and monitored by | Iulian Stan |

3.5 Accidents, First Aid and Work-Related Ill-Health

| First Aid equipment/boxes are located at | Main office |
|---|-------------|
| The designated first aiders are | Iulian Stan |
| The accident recording book is located at | Main Office |

3.6 Monitoring and Review

| Accidents, incidents and near misses should be reported to | Iulian Stan |
|---|-------------|
| Accident Investigations will be undertaken by | Iulian Stan |
| Where required, RIDDOR reports will be completed by | Iulian Stan |
| Routing inspections of our workplace(s) will be undertaken by | Iulian Stan |